



# Local Produce

## Factsheet 32

### FISH

**Lowestoft Shellfish Co**  
Waveney Market North  
Waveney Road  
Lowestoft  
Suffolk  
NR32 1DB  
01502 531552

**Pinney's**  
Quay Street  
Orford  
Suffolk  
IP12 6NU  
01394 450210

**Raglan Smokehouse**  
35 Raglan Street  
Lowestoft  
Suffolk  
NR32 2JP  
01502 581929

**Samantha K's**  
Blackshore  
Southwold  
Suffolk  
IP18 6TA  
01502 724000

**Seacream Ltd**  
Battery Green Road  
Lowestoft  
Suffolk  
NR32 1DQ  
01502 563927

**Sole Bay Fish Co Ltd**  
22E Blackshore  
Southwold  
Suffolk  
IP18 6ND  
01502 724241

**Trio Fishing**  
Blackshore  
Southwold  
Suffolk  
IP18 6ND  
07762310282

**World Of Fish / Crystal Waters Traditional Smokehouse**  
6 Cooke Road  
South Lowestoft Industrial Estate  
Lowestoft  
NR33 7NA  
01502 586866

### SMOKE HOUSES

**Anchor Fisheries**  
Katwijk Way  
Lowestoft  
NR32 1QZ  
01502 515744

**Barnby Swan Smoke House**  
Newcombe Road  
(off Whapload Road)  
Lowestoft  
01502 476646

**Old Smoke House**  
37 Raglan Street  
Lowestoft  
NR32 2JP  
01502 581929

### MEAT

**Blythburgh Free Range Pork**  
St Margarets Farm  
Mells  
Halesworth  
Suffolk  
IP19 9DD  
01986 873298

**Bramfield Meats**  
Low Road  
Bramfield  
Halesworth  
Suffolk  
IP19 9JQ  
01986 784275

**Emmett's of Peasenhall**  
Peasenhall  
Saxmundham  
Suffolk  
IP17 2HJ  
01728 660250

**Hundred River Produce**  
Hundred River Farm  
Valley Farm  
Sotterley  
Beccles  
Suffolk  
NR34 7HH  
01502 476240

For further  
information  
please contact:

**Lowestoft Tourist Information Centre**, East Point Pavilion, Royal Plain, Lowestoft. NR33 0AP  
Tel: 01502 533600 Email: [touristinfo@waveney.gov.uk](mailto:touristinfo@waveney.gov.uk) Website: [www.visit-lowestoft.co.uk](http://www.visit-lowestoft.co.uk)

**Southwold Tourist Information Centre**, 69 High Street, Southwold. IP18 6DS  
Tel: 01502 724729 Email: [southwold.tic@waveney.gov.uk](mailto:southwold.tic@waveney.gov.uk) Website: [www.visit-southwold.co.uk](http://www.visit-southwold.co.uk)

Please note that inclusion in this factsheet does not constitute recommendation.  
We constantly aim to update factsheets, if you are able to provide us with any changes to the information on this sheet please contact Lowestoft TIC.

**J. R. Creasey**  
Peasenhall  
Suffolk  
IP17 2HU  
01728 660219

**Peakhill Farm Organics**  
The Berton  
Near Leiston  
Suffolk  
IP16 4TG  
01728 606248

**Playters Old Farm**  
Church Road  
Ellough  
Beccles  
Suffolk  
NR34 7TN  
01502 712325

**Pure Organic Foods Ltd**  
Dower House  
Sizewell  
Suffolk  
01728 830575  
(Does not receive  
incoming calls).

## **BUTCHERS**

**Allens Butchers**  
2 Market Place  
Halesworth  
IP19 8BA  
01986 872132

**Bairds Family Butchers**  
6 Upper Olland Street  
Bungay  
NR35 1BY  
01986 895899

**Clarke, K. W.**  
Low Road  
Bramfield  
Halesworth  
IP19 9JH  
01986 784244

**Dawson, A & S**  
38 Norwich Road  
Lowestoft  
NR33 2BW  
01502 573567

**Groom, John**  
28 Wingfield Street  
Bungay  
NR35 1EZ  
01986 895105

**Hall, A. E.**  
73 Hollingsworth Road  
Lowestoft  
NR32 4AT  
01502 562630

**Hutsons**  
3 London Road  
Pakefield  
NR33 7AA  
01502 574020

**Hutsons**  
23 Market Place  
Southwold  
IP18 6ED  
01502 722104

**Knights, B.**  
3a Market Street  
Beccles  
NR34 9AQ  
01502 717145

**Longworth Butchers, E. C.**  
241 Gorleston Road  
Lowestoft  
NR32 3AF  
01502 539947

**Longworth Butchers, E. C.**  
147 High Street  
Lowestoft  
NR32 1HR  
01502 574370

**Marjoram, F. A.**  
148 Bridge Road  
Oulton Broad  
NR33 9JT  
01502 573882

**Palmer, C. A.**  
Bridge House  
Thoroughfare  
Halesworth  
IP19 8LE  
01986 872108

**Salters Family Butcher**  
107-109 High Street  
Aldeburgh  
Suffolk  
IP15 5AR  
01728 452758

**Seppings, W. J.**  
9 Hungate  
Beccles  
NR34 9TT  
01502 712188

**Seppings, W. J.**  
46 Blyburgate  
Beccles  
NR34 9TQ  
01502 712114

**Triangle Butchery**  
87 High Street  
Lowestoft  
NR32 1HR  
01502 562845

## **POULTRY**

**Rumburgh Farm Turkeys**  
Rumburgh  
Halesworth  
Suffolk  
IP19 0RU  
01986 781351

**Salters Family Butcher**  
107-109 High Street  
Aldeburgh  
Suffolk  
IP15 5AR  
01728 452758

**Stephenson's Poultry**  
Woodside Farm  
Lodge Road  
Holton  
Halesworth  
Suffolk  
IP19 8NE  
01986 873651

**22**For further  
information  
please contact:

**Lowestoft Tourist Information Centre**, East Point Pavilion, Royal Plain, Lowestoft. NR33 0AP  
Tel: 01502 533600 Email: [touristinfo@waveney.gov.uk](mailto:touristinfo@waveney.gov.uk) Website: [www.visit-lowestoft.co.uk](http://www.visit-lowestoft.co.uk)

**Southwold Tourist Information Centre**, 69 High Street, Southwold. IP18 6DS  
Tel: 01502 533600 Email: [southwold.tic@waveney.gov.uk](mailto:southwold.tic@waveney.gov.uk) Website: [www.visit-southwold.co.uk](http://www.visit-southwold.co.uk)

Please note that inclusion in this factsheet does not constitute recommendation.  
We constantly aim to update factsheets, if you are able to provide us with any changes to the information on this sheet please contact Lowestoft TIC.

## EGGS

### **H & R Kingery**

Greenfield  
West End  
Wrentham  
Beccles  
Suffolk  
NR34 7NH  
01502 675593

### **Maple Farm**

By the Crossways  
Kelsale  
Saxmundham  
Suffolk  
IP17 2PL  
01728 652000

## HONEY & JAM

### **Elona Rogers**

Newhurst  
The Hills  
Uggeshall  
Nr Beccles  
Suffolk  
NR34 8EN

### **Maple Farm**

By the Crossways  
Kelsale  
Saxmundham  
Suffolk  
IP17 2PL  
01728 652000

## CAKE SHOPS/BAKERS

### **A Piece of Cake**

120 High Street  
Lowestoft  
NR32 1HN  
01502 517090

### **Bread Basket**

11 Ashburnham Way  
Lowestoft  
NR33 8LG  
01502 500291

### **Bushells Bakery Ltd**

41 Tennyson Road  
Lowestoft  
NR32 1PS  
01502 565881  
(Bakery only – not a retail outlet)

### **Bushells Bakery Ltd**

61 Westwood Avenue  
Lowestoft  
NR33 9RW  
01502 565355

### **Bushells Bakery Ltd**

71 Hollingsworth Road  
Lowestoft  
NR32 4AT  
01502 518518

### **Bushells Bakery Ltd**

210 London Road South  
Lowestoft  
NR33 0DS  
01502 565654

### **Bushells Bakery Ltd**

56 Norwich Road  
Lowestoft  
NR32 2BW  
01502 573395

### **Farmhouse Bakery**

56 Thoroughfare  
Halesworth  
IP19 8AR  
01986 875696

### **Farmhouse Bakery**

12 Market Place  
Bungay  
NR35 1AW  
01986 895955

### **Farmhouse Bakery**

77 High Street  
Southwold  
IP19 8AR  
01502 722665

### **Farmhouse Bakery**

Unit 4a  
Taylor Square  
Newgate, Beccles  
NR34 9AT  
01502 711643

### **Glendower Bakery Ltd**

36 London Road  
Pakefield  
NR33 7AG  
01502 562547

### **Greggs**

13 Newmarket  
Beccles  
NR34 9HD  
01502 717125

### **Greggs**

65-67 London Road North  
Lowestoft  
NR32 1LT  
01502 585874

### **Heil's Bakery**

145 London Road North  
Lowestoft  
NR32 1HE  
01502 563730

### **Humble Cake**

The Old Rectory  
Abbey Road  
Flixton  
Nr Bungay  
NR35 1NL  
01986 893133

### **Jackson & Sons Ltd**

151a Chediston Street  
Halesworth  
IP19 8BD  
01986 873210

### **Masons Cake Shop**

58 High Street  
Lowestoft  
NR32 1JA  
01502 561287

### **Roy's Bakeshouse**

75 High Street  
Lowestoft  
NR32 1XN  
01502 587680

### **Temptations**

51 High Street  
Southwold  
IP18 6SJ  
01502 722807

**Lowestoft Tourist Information Centre**, East Point Pavilion, Royal Plain, Lowestoft. NR33 0AP  
Tel: 01502 533600 Email: [touristinfo@waveney.gov.uk](mailto:touristinfo@waveney.gov.uk) Website: [www.visit-lowestoft.co.uk](http://www.visit-lowestoft.co.uk)

**Southwold Tourist Information Centre**, 69 High Street, Southwold. IP18 6DS  
Tel: 01502 533600 Email: [southwold.tic@waveney.gov.uk](mailto:southwold.tic@waveney.gov.uk) Website: [www.visit-southwold.co.uk](http://www.visit-southwold.co.uk)

Please note that inclusion in this factsheet does not constitute recommendation.  
We constantly aim to update factsheets, if you are able to provide us with any changes to the information on this sheet please contact Lowestoft TIC.

22 For further  
information  
please contact:

## SAUCES, PRESERVES & SNACKS

**The Black Olive**  
80a & 80b High Street  
Southwold  
Suffolk  
IP18 6DP  
01502 722313

**Channell's Norfolk Preserve**  
82 Hamilton Road  
Great Yarmouth  
Norfolk  
NR30 4LZ  
01493 330168

**Hillfairs Hillfarm Oils**  
Cart Lodge Office  
Hill Farm  
Heveningham  
Halesworth  
Suffolk  
IP19 0ED  
01986 798660

**Humble Cake**  
The Old Rectory  
Abbey Road  
Flixton  
Near Bungay  
NR35 1NL  
01986 893133

**Jules & Sharpie / La La Ltd**  
2b & 2c Eastlands Road  
Leiston  
Suffolk  
IP16 4LL  
01728 833955

**Norfolk & Suffolk Speciality Foods**  
Yew Trees  
School Road  
Ringsfield  
Beccles  
Suffolk  
NR34 8NY  
01986 780902

**Suffolk Mud**  
Essfoods  
Rendlesham Hall  
Rendlesham  
Woodbridge  
Suffolk  
IP12 2RG  
01394 462150

**Peachey Preserves**  
Janet Peachey  
3 Hillcrest Lodge  
Ipswich Road  
Pulham Market  
Diss  
Norfolk  
IP21 4XP  
01379 676169

## BEER AND WINE

**Adnams Apple Juice And Cider Place**  
Cherry Tree Farm,  
Ilketshall St Lawrence  
Beccles  
Suffolk  
NR34 8LB  
01986 781353

**Adnams Plc**  
Sole Bay Brewery  
Southwold  
Suffolk  
IP18 6JW  
01502 727200

**Aspall's Cider**  
Aspall's Cider House  
Aspall Hall  
Debenham  
Suffolk  
IP14 6PD  
01728 860510

**Green Jack Brewery**  
Love Road  
Lowestoft  
Suffolk  
NR32 2HZ

**Oulton Ales**  
Unit 2  
Harbour Road Industrial  
Estate  
Oulton Broad  
NR32 3LZ  
01502 587905

**St.Peters Brewery**  
St.Peter's Hall  
St. Peter South Elmham  
Bungay  
Suffolk  
NR35 1NQ  
01986 782322

**Wissett Wines**  
Valley Farm Vineyards  
Wissett  
Suffolk  
IP19 0JJ  
01986 785535

## FARM SHOP

**Muck and Magic Farming**  
Organically reared rare breed meat and Farm shop  
Open Thurs –Sun  
9am –4pm  
Heath Farm  
Wenhaston  
Suffolk  
IP19 9BX  
01502 503449

## FRUIT AND VEG

**Suffolk Blues Ltd**  
Blueberry Hill  
Aldeburgh  
Suffolk  
IP16 4QW  
01728 453608

22For further  
information  
please contact:

**Lowestoft Tourist Information Centre**, East Point Pavilion, Royal Plain, Lowestoft. NR33 0AP  
Tel: 01502 533600 Email: [touristinfo@waveney.gov.uk](mailto:touristinfo@waveney.gov.uk) Website: [www.visit-lowestoft.co.uk](http://www.visit-lowestoft.co.uk)

**Southwold Tourist Information Centre**, 69 High Street, Southwold. IP18 6DS  
Tel: 01502 533600 Email: [southwold.tic@waveney.gov.uk](mailto:southwold.tic@waveney.gov.uk) Website: [www.visit-southwold.co.uk](http://www.visit-southwold.co.uk)

Please note that inclusion in this factsheet does not constitute recommendation.  
We constantly aim to update factsheets, if you are able to provide us with any changes to the information on this sheet please contact Lowestoft TIC.

## **FARMERS MARKETS**

### **Beccles Country Market**

The Quaker Hall  
15 Smallgate,  
Beccles  
NR34 9AB  
Every Friday 9.30am-1pm

### **Beccles: Beccles Heliport**

1<sup>st</sup> & 3<sup>rd</sup> Saturdays monthly  
(9am – 1pm)  
01502 476240

### **Bungay Country Market**

Honey Pot Centre  
Upper Olland Street  
Bungay  
NR35 1BE  
Every Thursday  
9.30am-11am

### **Halesworth Country Market**

St Mary's Church Hall  
Steeple End  
Halesworth  
IP19 8LL

### **Halesworth Produce Market**

Next to Horse & Garden  
Thoroughfare  
Halesworth  
IP19 8AP

### **Southwold: Cardinal Newman Hall**

4<sup>th</sup> Saturday monthly (9am  
– 1pm)  
01986 873912

For more information on local produce in the area  
visit [www.tastesofanglia.com](http://www.tastesofanglia.com)  
[www.tastysuffolk.org.uk](http://www.tastysuffolk.org.uk)  
[www.visiteastofengland.com/eateast/](http://www.visiteastofengland.com/eateast/)

**22**For further  
information  
please contact:

**Lowestoft Tourist Information Centre**, East Point Pavilion, Royal Plain, Lowestoft. NR33 0AP

Tel: 01502 533600

Email: [touristinfo@waveney.gov.uk](mailto:touristinfo@waveney.gov.uk)

Website: [www.visit-lowestoft.co.uk](http://www.visit-lowestoft.co.uk)

**Southwold Tourist Information Centre**, 69 High Street, Southwold. IP18 6DS

Tel: 01502 533600

Email: [southwold.tic@waveney.gov.uk](mailto:southwold.tic@waveney.gov.uk)

Website: [www.visit-southwold.co.uk](http://www.visit-southwold.co.uk)

Please note that inclusion in this factsheet does not constitute recommendation.

We constantly aim to update factsheets, if you are able to provide us with any changes to the information on this sheet please contact Lowestoft TIC.