

EAST ANGLIA'S

SUNRISE COAST

WHAT'S ON GUIDE 2010



LOWESTOFT,
SOUTHWOLD
AND THE
SOUTHERN BROADS

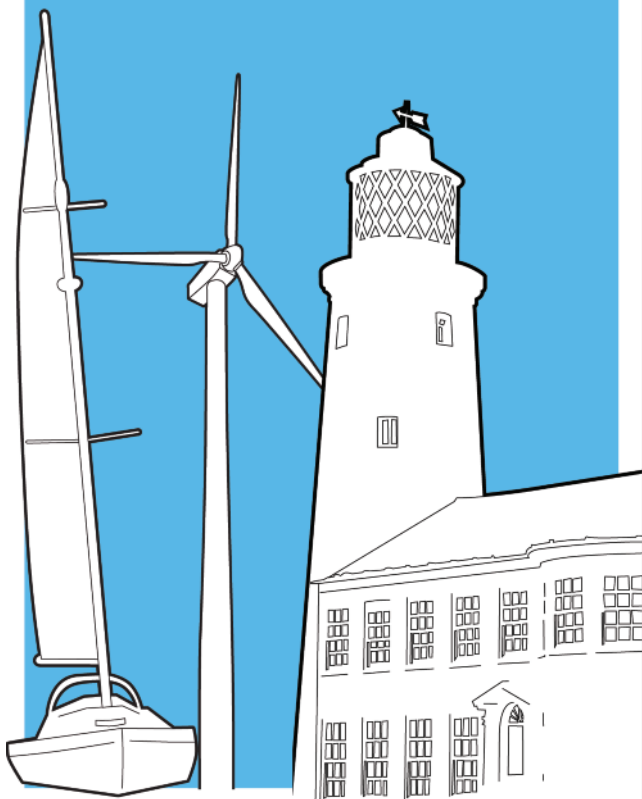


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WELCOME TO THE SUNRISE COAST WHAT'S ON GUIDE 2010

A day out on East Anglia's Sunrise Coast is as diverse as the area itself. You and your party can choose from visiting one of the many local markets, being enchanted by a parade at the local carnivals, or even attending a circus for some traditional family entertainment! There's sure to be something to suit all tastes.

This guide has been designed to promote the very best of local events in 2010, and you will find that whatever your interest there is always something happening on The Sunrise Coast to both intrigue and delight.

Along with events, this guide also has details of local theatres, cinemas and traditional town and farmers markets, so you can really make the most of your day.

Why not make a weekend of it? Stay overnight and combine an event with a visit to one of our fantastic attractions. Wherever you are on The Sunrise Coast, you are rarely more than half an hour away from quality theatres, cinemas and cultural facilities.

Keep up to date with events and amendments by visiting our website at www.visit-sunrisecoast.co.uk or by contacting our Tourist Information Centres at Lowestoft on 01502 533600 or Southwold on 01502 724729.

Please note that all details are correct at the time of going to print and to check the latest information before travelling.

Fireworks image on front cover by Mick Howes

www.visit-sunrisecoast.co.uk

2010 LOMAX FAIRS 2010

LANGLEY PARK SPRING ANTIQUES FAIR

Langley School, Loddon

MAY 29, 30, 31 Fri - Sat - Sun

SOUTHWOLD FINE ART & ANTIQUES FAIR

St Felix School, Southwold

AUGUST 27, 28, 29 Fri - Sat - Sun

EAST ANGLIAN ANTIQUES DEALERS FAIR

Langley School, Loddon

NOVEMBER 5, 6, 7 Fri - Sat - Sun

Open 11am-5pm. Each day. Admission £4

01379 586134 - 07906 716158

www.lomaxfairs.com

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'Hay Bales' by Richard Wolsey

Showing a variety of artwork for all budgets!!

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27-29 All Saints Road - Pakefield - Lowestoft - Suffolk - NR33 0JL
web:feriniartgallery.co.uk email: info@feriniartgallery.co.uk

www.visit-sunrisecoast.co.uk

MAY

30th April - 3rd May

10am - 11pm

HighTide Festival – The Cut, Halesworth

A theatre festival that promotes rising young talent as the next generation of theatre makers and features all aspects of performing arts including film, theatre and comedy with the premieres of three new plays. **0207 566 9767**

1st May

6am - 8am

Dawn Chorus Walk – Carlton Marshes,

Carlton Colville An early morning walk in the beautiful Carlton Marshes. **01502 564250**

1st - 3rd May

10am - 5pm

Foosh! – Africa Alive! Kessingland

To celebrate our new Fossa enclosure, Africa Alive! is going Fossa Mad! Join in and find out all about Madagascar's biggest carnivore. **01502 740291**

1st - 3rd May

Sat: 10am - 5pm

Sun: 1pm - 5:30pm

Mon: 10am - 5pm

Flower Festival – St Botolphs Church,

North Cove This annual flower festival, held in a medieval church, is a delight for the senses as every corner of the church is decorated with flowers. **01502 715954**

1st - 30th May

Tues - Sat

10am - 4:30pm

NOVA Art Exhibition – The Upstairs Gallery,

Beccles A very popular exhibition by the North Norfolk Organisation of Visual Artists that brings Norfolk's very finest artists to Suffolk. **01502 717191**

2nd May

8am - 4:30pm

Beccles Antique Street Market – Town Centre,

Beccles See the centre of Beccles transformed into an exciting outdoor antique market with over 90 knowledgeable and friendly dealers, selling a variety of antiques and collectables. **01502 711174**

2nd May

8pm

Milestones Jazz Club – Hotel Hatfield, Lowestoft

Loz Speyer performs with a hard to pin down jazz style from boisterous to gritty and graceful to swinging.

01502 568684

3rd May

2 - 4pm

Brass Band Afternoon – Somerleyton Hall

& Gardens The perfect setting for a traditional May Day Bank Holiday afternoon, with a 25 piece brass band playing nostalgic tunes in the beautiful gardens. **01502 734901**

4th May

10am - 4pm

Beccles Boat & Boot – Beccles &

The River Waveney A walk and boat trip along the old Wherry route of the river Waveney up to Geldeston and back. Walk approx 3 miles, booking essential.

01603 756093

5th May

4:30am - 7:30am

Early Bird Dawn Chorus – Lound Lakes Reserve

Join the early birds for a walk around the reserve watching the sun come up and listening to nature's orchestra. Walk approx 2 miles, booking essential. **01603 756093**

8th May

2:30pm

Invitation to View – Henstead Exotic Garden,

Henstead nr Beccles Your chance to view a tropical paradise in Suffolk with 100 large palms, 200 bamboos and a 30 foot tiered walk leading to a 'Thai' pavilion.

Booking essential. **01206 573948**

9th May

10am - 4pm

Wings & Wheels - Henham Park, near Southwold

A fun filled family day out featuring over 700 classic cars, motorcycles, and tractors plus over 70 planes including thrilling aerobatic displays. Highlights for 2010 are the Medieval Combat Society and Wacky Tumblairs Comedy Trampoline Act. **01986 835859**

9th May

10am - 5pm

East Anglian Dragon Boat Festival – Nicholas

Everitt Park, Oulton Broad See the ancient Chinese tradition of Dragon Boat Racing come to life in Nicholas Everitt Park, Oulton Broad by witnessing 50 teams battle it out over a 250 metre course in a traditional Chinese dragon boat. With bankside entertainment including children's rides, music and stalls. **01780 470718**

10th May

2:30pm

Invitation to View – Earsham Hall, nr Bungay

Your chance to view this Grade II listed Queen Anne House Circa 1707 including a 2-hour tour and afternoon tea. Booking essential. **01206 573948**

11th May

11am

Invitation to View – Barsham Old Hall, nr Beccles

Your chance to visit this restored 15th Century hall and a tour of Barsham Church, including buffet lunch and afternoon tea. Booking essential. **01206 573948**

12th May

7:30pm

Bungay Piano Series: The Hermitage Ensemble –

Holy Trinity Church, Bungay A professional male voice choir from St. Petersburg, touring the UK, present a concert of Russian sacred hymns and folk songs a cappella. **01986 893607**

16th May

9:30am - 4pm

Bungay Garden Street Market – Bungay

Over 90 stalls of gardening produce will fill the centre of Bungay with food stalls and entertainment.

01986 782464

22nd May

2:30pm

Invitation to View – Henstead Exotic Garden,

Henstead nr Beccles Your chance to view a tropical paradise in Suffolk with 100 large palms, 200 bamboos and a 30 foot tiered walk leading to a 'Thai' pavilion.

Booking essential. **01206 573948**

23rd May

10am - 5pm

Aviation Enthusiasts' Day – Norfolk & Suffolk

Aviation Museum, nr Bungay A special event day at the Aviation Museum with table top displays from museums and collections in the region. **01986 896644**

- 24th May - 10th June** **The Bearded Iris Field – Woottens of Wenhaston**
9:30am - 5pm
As part of Suffolk Open Gardens, this is your opportunity to view two acres of colour and scent. **01502 478258**
- 29th May** **Beccles History Walk – Beccles**
7:30pm
A guided walk that takes you back to a time in the colourful history of this market town where you will meet characters from days gone by like Queen Elizabeth I. Booking essential. **01502 712983**
- 29th - 31st May** **Langley Park Spring Antiques Fair – Langley School, Loddon**
Sat: 11am - 5pm
Sun: 11am - 5pm
Mon: 11am - 5pm
Over 50 dealers offering a wide range of art and antiques of the finest quality, a real treat for antique enthusiasts. **01379 586134**
- 29th May - 6th June** **Football Fever – Africa Alive! Kessingland**
10am - 5pm
World Cup fever comes to Africa Alive! this May half term with lots of games, crafts and activities leading up to the start of the World Cup. **01502 740291**
- 30th May** **Henstead Exotic Garden Open Day – Henstead, nr Beccles**
11am - 4pm
Your chance to visit a tropical paradise in the heart of Suffolk with 100 palms, 200 bamboos and a wooden walkway leading to a Thai style pavilion. **07715 876606**
- 31st May** **Southwold Lions Spring Bank Holiday Fete – Southwold Common**
11am - 4pm
A traditional fete with something for all the family, opened officially by the Mayor of Southwold at 11am. With stalls, children's rides, bouncy castles, Punch & Judy, plus many more. Also live music and food stalls.
- 31st May** **Children's Bug Hunt & Art Workshop – Somerleyton Hall & Gardens**
11am - 3pm
Join the fascinating children's bug hunt trail in the maze, learn lots of creepy crawly facts and win a free bug spy glass. Then try your hand at some bug art in our children's art workshop marquee. **01502 734901**
- 31st May** **MacBeth Open Air Theatre – Sparrows Nest Gardens, Lowestoft**
2:30pm
The Pantaloons theatre company invite you to join them for an afternoon of fun-filled open-air Shakespeare mayhem so get ready for killer lines, killer crimes and some seriously weird sisters. The critically-acclaimed touring company promise a fresh twist on Shakespeare's classic tale of madness and murder with live music, audience interaction, puppetry and plenty of fast-paced fun for the whole family. Bring a picnic and something to sit on. **01502 533600**

JUNE

1st June

10:30am - 12:30pm

Where The Wild Things Are – Carlton Marshes, Carlton Colville Activity day for 4-7 year olds, booking required. **01502 564250**

3rd - 6th June

Charter Fair – South Green, Southwold

Funfair with traditional rides and games.

4th June

10:30am - 2:30pm

Revoluting Rhymes – Carlton Marshes, Carlton Colville Activity day for 8-12 year olds, booking required. **01502 564250**

4th - 30th June

Tues - Sat

10am - 4.30pm

'All About Beccles' Art Exhibition – The Upstairs Gallery, Beccles A visual offering on the wonderful town of Beccles and it's picturesque landscapes. **01502 717191**

5th June

11am - 4:30pm

White House Farm Open Garden - Beccles

As part of Suffolk Open Gardens this is your opportunity to view the tranquil 30 acre garden of White House Farm. **07795 170892**

5th & 6th June

10am - 4pm

Springwatch - RSPB Minsmere

See Minsmere's special wildlife with the help of RSPB wardens and guides looking for nesting birds including bitterns, marsh harriers and avocets plus minibeasts including butterflies, dragonflies and moths. **01728 648281**

6th June

8:30am - 10:30am

Dawn Chorus Walk – Carlton Marshes, Carlton Colville An early morning walk in the beautiful Carlton Marshes. **01502 564250**

6th June

10am - 5pm

Fayre in the Square – Beccles

Your local food, drink and craft festival with music and entertainment from local performers. Bringing together a variety of stalls including produce, local craftsmen, plants and much more. Plus children's rides and a swing boat. **01508 550440**

6th June

11am - 5pm

Gable House Open Garden – Redisham

As part of Suffolk Open Gardens this is your opportunity to view a one acre plantsman's garden of colour and variety. **01502 575298**

6th June

8pm

Milestones Jazz Club – Hotel Hatfield, Lowestoft

The return of Compassionate Dictatorship - performing original compositions of fractured beauty, atmospheric grooves and free-wheeling improvisation. **01502 568684**

11th June

2:30pm

Invitation to View – Henstead Exotic Garden, Henstead nr Beccles Your chance to view a tropical paradise in Suffolk with 100 large palms, 200 bamboos and a 30 foot tiered walk leading to a 'Thai' pavilion. Booking essential. **01206 573948**

11th - 13th June

June Regatta – Royal Norfolk & Suffolk

Yacht Club Your opportunity to see Lowestoft Harbour come to life as it becomes a hive of sailing activity.

01502 566726

12th & 13th June

Festival: 10am - 5pm

Jump: 2pm - 4:30pm

Flower Festival & Teddy Bear Parachute Jump –

St Mary's Church, Blundeston Traditional annual flower festival with a teddy bear parachute jump from the top of the tower from 2pm - 4:30pm each day. This year features a celebrity teddy bear from the England Cricket Team. **01502 730145**

13th June

10:30am - 5:30pm

Wrentham Open Gardens – Wrentham

As part of Suffolk Open Gardens, this is your opportunity to view two beautiful gardens in the picturesque village of Wrentham.

13th June

Procession: 1pm

Fete: 2pm

Halesworth Lions Carnival & Town Fete –

Town Park, Halesworth A traditional town carnival with the procession passing through the town centre, leading to the town park where you will find fun for the whole family, including fancy dress competitions, stalls, a barbeque and children's entertainment. **01986 872994**

18th June

2:30pm

Invitation to View – Earsham Hall, nr Bungay

Your chance to view this Grade II listed Queen Anne House Circa 1707 including a 2-hour tour and afternoon tea. Booking essential. **01206 573948**

18th & 19th June

Lowestoft On The Move – Town Centre,

Lowestoft A display of interesting vehicles in the town centre including brand new machines with information and exhibitions. **01502 502202**

19th June

2:30pm

Invitation to View – Henstead Exotic Garden,

Henstead nr Beccles Your chance to view a tropical paradise in Suffolk with 100 large palms, 200 bamboos and a 30 foot tiered walk leading to a 'Thai' pavilion. Booking essential. **01206 573948**

19th June

7:30pm

Beccles History Walk – Beccles

A guided walk that takes you back to a time in the colourful history of this market town where you will meet characters from days gone by like Queen Elizabeth I. Booking essential. **01502 712983**

19th & 20th June

11am - 4pm

Arts & Crafts Fair – Valley Farm Vineyards,

Wissett nr Halesworth Quality Suffolk made art and craft products and gifts. Come and taste the latest vintage from the winners of East Anglian Wine of the Year! **01986 785535**

20th June

1:30pm - 5pm

Pakefield Summer Fete – Pakefield

A traditional village fete with stalls and sideshows, including children's entertainment and music. **01502 586927**

22nd - 26th June

7pm

Heavens Below! – Beccles Public Hall

Heavens Below is a feel-good musical comedy in the grand MGM tradition. With a large cast and brimming with catchy songs covering a multitude of styles from swing to 50's Hollywood kitsch, it will leave audiences of all ages with big smiles on their faces. **07887 750846**

25th & 26th June

8pm - 12am

Hangar Dance – Farmers Market Hangar, Ellough Airfield

A 1940s themed dance with music provided by the Super Swing Big Band - a 20 piece big band with vocalist playing 1940's & 50's music. Held in a genuine WWII hangar and period dress is actively encouraged. There will also be a demonstration of Lindy Hop and all proceeds to Waveney Hospice Care. **01502 511944**

26th June

10am - 5pm

Armed Forces Day – Royal Green, Lowestoft

A day of celebrating the armed forces with bands and displays by Service and Cadet units, ex-service associations and armed forces stands, Drum Head Service and Parade of Standards, plus advice from veterans charities. A chance to meet our service men and women past, present and future. **07966 879106**

26th June

6pm - 10pm

Africa By Night – Africa Alive! Kessingland

Come and join us for an evening of fun in the unique atmosphere of the park at twilight, featuring entertainment from the Mighty Zulu Nation Theatre Troupe.

01502 740291

27th June

11am - 1pm

Guided Walk Through Peto's Lowestoft

Take a walk through Lowestoft with local historian Ivan Bunn to learn how Samuel Morton Peto influenced the growth of the town. Booking essential. **01502 405357**

27th June

11am - 4pm

Henstead Exotic Garden Open Day –

Henstead, nr Beccles Your chance to visit a tropical paradise in the heart of Suffolk with 100 palms, 200 bamboos and a wooden walkway leading to a Thai style pavilion. **07715 876606**

29th June

11am

Invitation to View – Barsham Old Hall, nr Beccles

Your chance to visit this restored 15th Century Hall and a tour of Barsham Church, including buffet lunch and afternoon tea. Booking essential. **01206 573948**

29th June

2pm

Invitation to View – Roos Hall, nr Beccles

Your chance to visit this Grade I listed red brick Tudor manor house dated 1583, including afternoon tea. Booking essential. **01206 573948**

JULY

1st- 31st July

Tues - Sat
10am - 4.30pm

FIVE Art Exhibition – The Upstairs Gallery,

Beccles An exhibition by five outstanding graduates of art and design in Norfolk & Suffolk who promise to be the rising stars of tomorrow. **01502 717191**

3rd - 25th July

Bungay Town Festival - Bungay

A 3 week festival celebrating Bungay's local culture with events and activities for all age groups and interests including Shakespeare at the castle, the Mad Hatter's tea party, the Bungay Horticultural Society summer show, and teddy bears picnic!

4th July

12pm - 2:30pm

Wildest Cats Car Cruise – Royal Green,

Lowestoft An annual event in true 1950s style with live bands and DJs, classic American and British cars, bikes and trikes. An afternoon of fun and nostalgia for anyone who loves rock 'n' roll! **01530 455657**

4th July

8pm

Milestones Jazz Club – Hotel Hatfield, Lowestoft

This month's performance comes from The Graeme Culham Sextet playing Buddy's Review – a celebration of the music of Buddy Rich. **01502 568684**

10th July

9am - 6pm

Lowestoft Beach Volleyball Tournament –

South Beach, Lowestoft A lively volleyball tournament held on Lowestoft's beautiful Blue Flag Award beach, suitable for complete beginners through to league players. **01502 581640**

10th July

11am - 12am

Earsham Festival: Mini Beer Festival & Family

Fun Day - Earsham, nr Bungay A weekend of family entertainment, with a mini beer festival and family fun day plus children's entertainment on the Village Green including a dancing display, craft stalls, and traditional games. **01986 893445**

10th July

2:30pm

Invitation to View – Henstead Exotic Garden,

Henstead nr Beccles Your chance to view a tropical paradise in Suffolk with 100 large palms, 200 bamboos and a 30 foot tiered walk leading to a 'Thai' pavilion. Booking essential. **01206 573948**

10th & 11th July

Earsham Festival: Walking Photo Trail –

Earsham, nr Bungay As part of Earsham Festival, why not take part in a walking photo trail around the village? With displays and exhibitions, a photo competition and craft activities in All Saints Church. **01986 893445**

11th July

9:30am - 4pm

Bungay Antiques and Collectables Market –

Bungay Over 100 stalls of antiques and collectables will fill the centre of Bungay, with entertainment and food stalls. **01986 782464**

11th July

5pm

Earsham Festival: Songs Of Praise – All Saints

Church, Earsham nr Bungay The weekend of festival activities concludes with Songs of Praise. **01986 893445**

11th & 12th July

9:30am - 5pm

The Hemerocallis Field – Woottens of

Wenhaston As part of Suffolk Open Gardens, this is your opportunity to view over an acre of flamboyance and colour. **01502 478258**

14th July

2:30pm

Invitation to View – Earsham Hall, nr Bungay

Your chance to view this Grade II listed Queen Anne House Circa 1707 including a 2-hour tour and afternoon tea. Booking essential. **01206 573948**

16th - 18th July

Latitude Festival – Henham Park, nr Southwold

A much loved and well established award-winning performing arts festival held in the beautiful grounds of the Henham Estate. The festival incorporates many performing arts forms, with big comedy names, music acts and literature greats. This years headlining acts are Florence & The Machine, Vampire Weekend and Belle & Sebastian. **020 7009 3001**

17th July

12 - 5pm

Kessingland Village Fete – Nr Marram Green,

Kessingland A traditional village fete with stalls, games, entertainment and craft stalls. **01502 744367**

17th July -

31st August

10am - 6pm

Mighty Zulu Nation Dance Troupe – Africa Alive!

Kessingland Back by popular demand and providing the authentic sights and sounds of Africa, these fantastic, vibrant dancers perform daily throughout the summer. **01502 740291**

18th & 19th July

9:30am - 5pm

The Hemerocallis Field – Woottens of

Wenhaston As part of Suffolk Open Gardens, this is your opportunity to view over an acre of flamboyance and colour. **01502 478258**

20th July

11am

Invitation to View – Barsham Old Hall, nr Beccles

Your chance to visit this restored 15th Century Hall and a tour of Barsham Church, including buffet lunch and afternoon tea. Booking essential. **01206 573948**

22nd July

11am - 4pm

Minsmere Family Day – RSPB Minsmere

What does the future have in store for people and wildlife? Join us for a day of family fun every Thursday during the summer holidays with activities including crafts and games. **01728 648281**

23rd July

2:30pm

Invitation to View – Henstead Exotic Garden,

Henstead nr Beccles Your chance to view a tropical paradise in Suffolk with 100 large palms, 200 bamboos and a 30 foot tiered walk leading to a 'Thai' pavilion. Booking essential. **01206 573948**

25th July

10am - 5pm

Family Fun Day – Norfolk & Suffolk Aviation

Museum, nr Bungay A special event day at the Aviation Museum with family entertainment plus American live sessions. **01986 896644**

25th July

11am - 4pm

Henstead Exotic Garden Open Day –

Henstead, nr Beccles Your chance to visit a tropical paradise in the heart of Suffolk with 100 palms, 200 bamboos and a wooden walkway leading to a Thai style pavilion. **07715 876606**

25th & 26th July

9:30am - 5pm

The Hemerocallis Field – Woottens of

Wenhaston As part of Suffolk Open Gardens, this is your opportunity to view over an acre of flamboyance and colour. **01502 478258**

27th July

7pm - 9pm

Locks History Walk – Geldeston & Shipmeadow

Celebrate National Parks Week with a gentle evening stroll with a Broads Authority Ranger. Walk approx 2 miles, booking essential. **01603 756093**

28th July

11am

Waverley & Balmoral Sailing – Southwold Pier

A magnificent cruise to London from Southwold Pier, sailing down the Suffolk & Essex coasts and up the river Thames with fantastic views of Tower Bridge and Greenwich Waterfront. Booking essential. **0845 1304647**

29th July

11am - 4pm

Minsmere Family Day – RSPB Minsmere

What does the future have in store for people and wildlife? Join us for a day of family fun every Thursday during the summer holidays with activities including crafts and games. **01728 648281**

31st July

11am - 3pm

Art In The Gardens – Somerleyton Hall

& Gardens Come and get creative in our art workshop marquee or just enjoy exploring the gardens and watching local artists at work. An exhibition featuring work by Lowestoft Arts Centre will be on display in the foyer and several of the artists will be here working in various mediums and happy to share their tips. **01502 734901**

31st July

6:30pm - 10pm

Music On The Green – South Green, Southwold

A free evening of music in an open-air setting, a most enjoyable way to spend a summer's evening in Southwold. Music this year will be provided by local entertainers Rollercoaster, with John & Mario – the duo that entertained us last year. There will be a Pimms tent, barbeque and ice-cream stand.

31st July

7:30pm

Beccles History Walk – Beccles

A guided walk that takes you back to a time in the colourful history of this market town where you will meet characters from days gone by like Queen Elizabeth I. Booking essential. **01502 712983**

AUGUST

1st August

10am - 5pm

Waveney Valley & District Preservation Society – Norfolk & Suffolk Aviation Museum, nr Bungay

A special event day at the Aviation Museum with working engines, agricultural equipment and bygoners.

01986 896644

3rd - 28th August

Open Tues - Sat

10am - 4.30pm

The Great Art Summer Show – The Upstairs Gallery, Beccles

Influential and bright, this is a taste of summers art offerings. All themes are covered for the Summer Show with over 800 works on display.

01502 717191

4th August

11am

Waverley & Balmoral Sailing – Southwold Pier

A magnificent cruise to London from Southwold Pier; sailing down the Suffolk & Essex coasts and up the river Thames with fantastic views of Tower Bridge and Greenwich Waterfront. Booking essential.

0845 1304647

5th August

11am - 4pm

Minsmere Family Day – RSPB Minsmere

What does the future have in store for people and wildlife? Join us for a day of family fun every Thursday during the summer holidays with activities including crafts and games.

01728 648281

5th August

1pm - 3pm

Fabulous Flowers – Carlton Marshes,

Carlton Colville Family floral event, booking required.

01502 564250

6th August

10:30am - 2:30pm

Sea Creatures – Carlton Marshes,

Carlton Colville Activity day for 8-12 year olds,

booking required. **01502 564250**

6th & 7th August

Lowestoft On The Move – Town Centre,

Lowestoft A display of interesting vehicles in the town centre including brand new machines with information and exhibitions. **01502 502202**

6th - 8th August

Gig In The Park – Halesworth Town Park

A 3-day live music festival with 3 stages featuring nationally known acts alongside unsigned bands from all over the UK. This year's headlining act are punk legends The Undertones.

7th & 8th August

Sat: 10am - 5pm

Sun: 10am - 4:30pm

Southwold Model Railway Exhibition –

St Felix School, Southwold From toy trains to fine scale modelling! Around twenty layouts in the main scales and gauges, representing various periods. Full trade support, modelling demonstrations plus live steam miniature train and traction engine rides in the grounds.

01502 476743

- 8th August** **Lowestoft Carnival Parade – Lowestoft Town Centre** A vibrant parade of carnival floats, marching bands, majorettes, dancing groups and decorated vehicles through the streets of Lowestoft. **01502 563847**
- 10th August**
10:30am - 12:30pm **The Rainbow Fish – Carlton Marshes, Carlton Colville** Activity day for 4-7 year olds, booking required. **01502 564250**
- 10th August**
11am **Invitation to View – Barsham Old Hall, nr Beccles** Your chance to visit this restored 15th Century Hall and a tour of Barsham Church, including buffet lunch and afternoon tea. Booking essential. **01206 573948**
- 11th August**
7pm - 9pm **Wildlife of Beccles Marshes – Beccles Marshes** Enjoy a gentle evening stroll around the historical and beautiful Beccles Marshes with our Countryside Ranger. Walk approx 3 miles, booking essential. **01603 756093**
- 12th August**
11am - 4pm **Minsmere Family Day – RSPB Minsmere** What does the future have in store for people and wildlife? Join us for a day of family fun every Thursday during the summer holidays with activities including crafts and games. **01728 648281**
- 12th & 13th August**
10am - 5pm **Lowestoft Seafront Air Festival – Lowestoft** The annual aerobatic spectacular that brings Lowestoft seafront to life with two full days of flying displays, stalls and a funfair: Previous years have featured the ever-popular Red Arrows, the Team Guinot Wing Walkers and a Vulcan Bomber. **01502 533600**
- 13th August**
2:30pm **Invitation to View – Henstead Exotic Garden, Henstead nr Beccles** Your chance to view a tropical paradise in Suffolk with 100 large palms, 200 bamboos and a 30 foot tiered walk leading to a 'Thai' pavilion. Booking essential. **01206 573948**
- 14th August**
10am - 4pm **Canoe Trail – Beccles Quay to Stanley Carrs** Join our Countryside Ranger for a canoe trail along the river Waveney taking in the surrounding scenery and wildlife. Equipment and instruction provided, booking essential. **01603 756093**
- 14th August**
12pm to dusk **Harvest Moon Festival – Beccles Quay** A live local music festival organised by Beccles Community Arts. Now in it's third year the festival has experienced great success with people bringing picnics, chairs and blankets and staying for the duration in the glorious sunshine. **01502 717098**
- 15th August** **Fancy Hats & Hidden Talents Funday – Village Hall, Wrentham** A family funday and talent show with stalls, refreshments and games comes with a twist- the stallholders will be wearing fancy hats and you are invited to join in too! **01502 675281**

- 16th – 25th August** **Circus Ferrel – Royal Green, Lowestoft**
 Mon 16th : 2pm & 6pm
 Tues & Weds: 2pm & 5pm
 Thurs: 2pm
 Fri: 6pm
 Sat & Sun: 2pm
 Mon 23rd: 2pm & 6pm
 Tues: 2pm & 5pm
 Weds: 2pm
 East Anglia's brightest, friendliest, all human circus show from the heart of Lowestoft's seafront. Brand new for 2010 is our 'Wonderful Wild World' show where Grandma the ringmaster tries to keep everyone on track despite the exploits of Marty the Clown and his friends with their 'wild' antics! Tickets can be pre-booked or available on the door: **01502 533600**
- 17th August** **Butterflies – Carlton Marshes, Carlton Colville**
 10:30am - 12:30pm
 Activity day for 4-7 year olds, booking required. **01502 564250**
- 18th August** **Children's Circus Skills Workshop – Circus Ferrel, Royal Green, Lowestoft**
 12pm - 1pm
 Your chance to learn how to spin plates, juggle or even have a go with a Diabolo! What could be more fun than being taught by circus professionals from East Anglia's brightest and friendliest all-human circus? Spaces are limited and booking is essential. **01502 533600**
- 18th August** **Scarecrow Making – Carlton Marshes, Carlton Colville**
 1pm - 4pm
 Family event – come along and make a marsh man scarecrow which will feature in our 'Magic of the Marsh' event, booking required. **01502 564250**
- 19th August** **Dragonflies and Dinosaurs – Carlton Marshes, Carlton Colville**
 10:30am - 2:30pm
 Activity day for 8-12 year olds, booking required. **01502 564250**
- 19th August** **Minsmere Family Day – RSPB Minsmere**
 11am - 4pm
 What does the future have in store for people and wildlife? Join us for a day of family fun every Thursday during the summer holidays with activities including crafts and games. **01728 648281**
- 21st August** **Invitation to View – Henstead Exotic Garden, Henstead nr Beccles**
 2:30pm
 Your chance to view a tropical paradise in Suffolk with 100 large palms, 200 bamboos and a 30 foot tiered walk leading to a 'Thai' pavilion. Booking essential. **01206 573948**
- 21st & 22nd August** **Beccles Carnival Procession & Family Fun Weekend – Beccles Quay**
 Sat: 2pm - 6pm
 Sun: 1pm - 6pm
 Beccles Carnival is more than a traditional carnival parade, there's a great programme of events for the whole family to enjoy. On Saturday there's the teddy bears parade with judging of the best dressed teddy, entertainment from KYSLR with prize give-aways, fun and games. With fancy dress for children, displays and stalls, Sunday sees the grand carnival procession followed by a fun fair, competitions and entertainment for all the family on the Quay. **07933 028457**

22nd August

10am - 5pm

Royal Air Force Association Day – Norfolk & Suffolk Aviation Museum, nr Bungay

A special event day at the Aviation Museum with military vehicles, RAF participation, stalls, flypasts and American jive sessions.

01986 896644

22nd August

12pm - 1pm

Children's Circus Skills Workshop – Circus Ferrel, Royal Green, Lowestoft

Your chance to learn how to spin plates, juggle or even have a go with a Diabolo! What could be more fun than being taught by circus professionals from East Anglia's brightest and friendliest all-human circus? Spaces are limited and booking is essential.

01502 533600

22nd - 27th August

10am - 5:30pm

Oulton Regatta Week – Oulton Broad

Competitive yacht and dinghy racing featuring a range of vessels from traditional Broads river cruisers to modern dinghies, set on the beautiful Southern Broads with a grandstand view from Nicholas Everitt Park.

01502 562612

24th August

10:30am - 12:30pm

Damsels and Dragons – Carlton Marshes, Carlton Colville

Activity day for 4-7 year olds, booking required.

01502 564250

26th August

10:30am - 2:30pm

Willow Lanterns – Carlton Marshes,

Carlton Colville Activity day for 8-12 year olds, booking required.

01502 564250

26th August

11am - 4pm

Minsmere Family Day – RSPB Minsmere

What does the future have in store for people and wildlife? Join us for a day of family fun every Thursday during the summer holidays with activities including crafts and games.

01728 648281

27th – 29th August

Fri: 11am - 5pm

Sat: 11am - 5pm

Sun: 11am - 5pm

Southwold Fine Art & Antiques Fair –

St Felix School, Southwold Over 50 dealers offering a wide range of art and antiques of the finest quality, a real treat for antique collectors and enthusiasts.

01379 586134

27th – 29th August

7:45pm - 10:30pm

Southwold Comedy Festival – Southwold

Common A second year of comic delights from stars such as John Mann, Rich Wilson and Geoff Boyz. The event promises laughter, good food and drink all hosted in an atmospheric 'Big Top'.

0844 826 1902

28th August

1pm - 4pm

Magic of the Marsh – Carlton Marshes,

Carlton Colville Come and find out about the past, present and future of the Suffolk Broads through games, crafts and animated trail featuring marsh men scarecrows made by local schools and families. Booking required.

01502 564250

28th August

7:30pm

Beccles Ghost Walk – Beccles

A living ghost walk that takes you to places where ghosts have been known to haunt this market town. In your travels you may chance upon a soul being beheaded or meet the sisters of Satan. If you're feeling brave join us for a night of fun and frights! Booking essential. **01502 712983**

29th August

8:30am - 10am

Classic Vehicle Club Run – Royal Green,

Lowestoft Lowestoft Classic Vehicle Club set off for their annual Club Run from Royal Green, giving you an opportunity to see these great cars before they set off. **01502 584566**

29th August

10am - 4pm

Halesworth Antiques Street Market –

Thoroughfare, Halesworth Halesworth's historic Thoroughfare hosts more than 80 stalls of antiques and collectables, in aid of the East Anglian Air Ambulance. **01986 872867**

29th August

11am - 4pm

Henstead Exotic Garden Open Day –

Henstead, nr Beccles Your chance to visit a tropical paradise in the heart of Suffolk with 100 palms, 200 bamboos and a wooden walkway leading to a Thai style pavilion. **07715 876606**

29th August

Best Dressed Ted: 1:30pm
Puppet Show: 2pm

Teddy Bear's Picnic & Puppet Show –

Somerleyton Hall & Gardens Bring your Teddy with your picnic and he might win a prize for the best dressed bear. After lunch we will have a great children's puppet show on the lawns for you to enjoy. **01502 734901**

30th August**Oulton Broad Charity Gala Day – Nicholas**

Everitt Park, Oulton Broad A charity fun day with entertainment for the whole family, including motor boat racing, side shows, arena and stage entertainment, a fun fair, children's rides and a grand firework display. **01502 566270**

30th August

1:30pm - 4:30pm

Jazz On The Lawns – Somerleyton Hall

& Gardens Put on your glad rags & pack some bubbly in the hamper! The annual Jazz picnic is all set for a great bank holiday afternoon. New for this year is the five piece "Hotjazz", a traditional Dixieland band playing favourites of a golden era and back by popular demand are the Neil Kane Jazz Trio. **01502 734901**

SEPTEMBER

1st - 30th September

Tues - Sat
10am - 4.30pm

Hilli Thompson Art Exhibition – The Upstairs Gallery, Beccles

Hilli uses vibrant colours for her glassworks and pastel paintings. Panels and ornaments are created with Kiln and her landscapes are the foremost of her interests. **01502 717191**

4th September

12pm

Invitation to View – Henstead Exotic Garden, Henstead nr Beccles

Your chance to view a tropical paradise in Suffolk with 100 large palms, 200 bamboos and a 30 foot tiered walk leading to a 'Thai' pavilion. Booking essential. **01206 573948**

5th September

11am - 5pm

Beccles Duck Race – Beccles Quay

The simple fun of floating ducks up the river seems to fascinate us all, and for the price of just £2 per race duck, everyone young and old can take part. During the day events will take place in the arena with music and entertainment, plus various stalls including food and drink. **01502 475261**

7th September

11am

Invitation to View – Barsham Old Hall, nr Beccles

Your chance to visit this restored 15th Century Hall and a tour of Barsham Church, including buffet lunch and afternoon tea. Booking essential. **01206 573948**

12th September

2pm

WaterWalk 2010 – Royal Green, Lowestoft

Why not take part in a charity walk or run in aid of Cancer Research UK whilst taking in the picturesque Lowestoft seafront? Open to everyone. **01502 533398**

17th September

7:30pm

Beccles Music Festival: The London Mozart Players – St Michael's Church

Performances of the works of Elgar, de Haan, Warlock, Howarth and Schubert by The London Mozart Players. **01502 712317**

18th September

Beccles Music Festival: Beccles Festival Orchestra – St Michael's Church

A day of workshops for string, wind and brass led by members of the London Mozart Players. All ages and abilities welcome. **01502 712317**

18th September

10am - 4pm

Painting Workshop with Peter Partington – RSPB Minsmere

Peter Partington, one of Britain's top wildlife artists, will show you how to develop your sketching skills whether you are an enthusiastic beginner or experienced hand. Booking essential. **01728 648281**

18th September

7:30pm

Beccles Music Festival: Emma Johnson – St Michael's Church

Emma Johnson and Anthony Hewitt perform music by Bernstein, Copland, Dankworth, Reich and others. **01502 712317**

**18th & 19th
September**

10am - 6pm

**Grand Henham Steam Rally – Henham Park,
nr Southwold**

Now in its 36th year and attracting over 18,000 people during the weekend, the Rally features forms of mechanical heritage with engines in all shapes and sizes as well as demonstrations of threshing and stone cutting. Over 1,000 vintage vehicles, vintage fairground, live music, craft and trade stalls make this a fun-filled family day out.

19th September

7:30pm

Beccles Music Festival: The Messiah –

St Michael's Church The music of Handel and The Beccles Festival Chorus conducted by Vetta Wise. Join the chorus for a series of singing days and rehearsals.

01502 712317

21st September

8pm

Beccles Music Festival: The Jasper Smith Quintet

– St Michael's Church An evening of jazz with one of the country's leading jazz guitarists and his band, with a guest appearance on trumpet of Ray Simmons.

01502 712317

22nd September

7:30pm

**Beccles Music Festival: An Evening with
Ian McMillan – St Michael's Church**

Ian McMillan is a leading poet who is known as the "Bard of Barsley". His evening is both hilarious and moving.

01502 712317

24th September

7:30pm

Beccles Music Festival: The Oxford Concert Party

– St Michael's Church From baroque to tango, The Oxford Concert Party take 300 years of music and infuse it with humour and excitement. **01502 712317**

25th September

12:30pm

Beccles Music Festival: Natalie Beauchamp

– St Michael's Church Natalie Beauchamp plays music by Mozart, Grieg and others. **01502 712317**

25th September

7:30pm

Beccles Ghost Walk – Beccles

A living ghost walk that takes you to places where ghosts have been known to haunt this market town. In your travels you may chance upon a soul being beheaded or meet the sisters of Satan. If you're feeling brave join us for a night of fun and frights! Booking essential. **01502 712983**

25th September

7:30pm

**Beccles Music Festival: An Evening of Gilbert &
Sullivan – St Michael's Church**

The Beccles Festival Savoyards perform highlights from The Pirates of Penzance and Trial By Jury. **01502 712317**

26th September

10am - 5pm

**ROC At Home Day – Norfolk & Suffolk Aviation
Museum, nr Bungay**

A special event day at the Aviation Museum with a Royal Observer Corps reunion, stalls, the Super Swing Big Band and a flypast. **01986 896644**

26th September

11am - 4pm

Henstead Exotic Garden Open Day –

Henstead, nr Beccles Your chance to visit a tropical paradise in the heart of Suffolk with 100 palms, 200 bamboos and a wooden walkway leading to a Thai style pavilion. **07715 876606**

26th September

7:30pm

Beccles Music Festival: RAF Swing Wing –

St Michaels Church The band of the RAF College Swing Wing perform the music immortalised by the great orchestras of Tommy Dorsey and Glen Miller plus many more. **01502 712317**

30th September

10am

Waverley & Balmoral Sailing – Southwold Pier

A magnificent cruise to London from Southwold Pier, sailing down the Suffolk & Essex coasts and up the river Thames with fantastic views of Tower Bridge and Greenwich Waterfront. Booking essential. **0845 1304647**

30th September

2:30pm

Invitation to View – Earsham Hall, nr Bungay

Your chance to view this Grade II listed Queen Anne House Circa 1707 including a 2-hour tour and afternoon tea. Booking essential. **01206 573948**

OCTOBER

1st & 2nd October

Lowestoft On The Move – Town Centre,

Lowestoft A display of interesting vehicles in the town centre including brand new machines with information and exhibitions. **01502 502202**

1st - 30th October

Open Tues - Sat

10am - 4.30pm

Tom Lundlack Art Exhibition – The Upstairs

Gallery, Beccles A passionate artist with impressions of structure and power, working with the muscular structure. **01502 717191**

3rd October

3pm

Bungay Piano Series: Allan Schiller – Holy Trinity Church, Bungay

Allan is widely regarded as one of the finest pianists of his generation. He brings to his performances an innate musicality allied with a beauty of touch - critics praise the clarity of his playing and his ability to make a piano sing. **01986 893607**

9th - 24th October

Halesworth Arts Festival – The Cut, Halesworth

Annual 2 week festival of music, drama, comedy, film, and art exhibitions form the heart of Halesworth, now in it's 9th year with continued success. Full line-up to be announced. **01986 874264**

20th October

2:30pm

Invitation to View – Earsham Hall, nr Bungay

Your chance to view this Grade II listed Queen Anne House Circa 1707 including a 2-hour tour and afternoon tea. Booking essential. **01206 573948**

- 29th & 30th October** **Beccles Ghost Walk Halloween Special – Beccles**
7:30pm
A living ghost walk that takes you to places where ghosts have been known to haunt this market town. In your travels you may chance upon a soul being beheaded or meet the sisters of Satan. If you're feeling brave join us for a night of fun and frights! Booking essential. **01502 712983**
- 31st October** **Spooky Halloween Maze Trail – Somerleyton Hall & Gardens**
11am - 3pm
Can you solve the riddles in the spooky maze and find out who is haunting us? Free trick or treats await you if you dare to try! **01502 734901**
- 31st October** **Bungay Piano Series: Freddy Kempf – Holy Trinity Church, Bungay**
3pm
Freddy Kempf is one of today's most successful young artists and has built a unique reputation both as an explosive and physical performer not afraid to take risks as well as a serious, sensitive and profoundly musical artist. **01986 893607**
- 31st October** **Bungay Pumpkin Night – Bungay**
6pm
From the dazzling rows of exquisitely carved giant pumpkins that align Bridge Street, to the hog roast and stalls in the Buttercross with Halloween themed shops and food being served in the town's restaurants - Bungay Pumpkin Night is an evening of tricks and treats, street entertainment, games, noise and colour: **01986 893638**

NOVEMBER

- 5th- 7th November** **East Anglian Antiques Dealers Fair - Langley School, Loddon**
Fri: 11am - 5pm
Sat: 11am - 5pm
Sun: 11am - 5pm
Over 50 dealers offering a wide range of art and antiques of the finest quality, a real treat for antique collectors and enthusiasts. **01379 586134**
- 11th - 15th November** **Ways With Words Literary Festival – Southwold**
10am - 6pm
Five glorious, star-studded days of books, ideas and lively debate set in the charming seaside resort of Southwold. Past speakers include Kate Adie, Roy Hattersley and Sandi Toksvig with this year's festival programme published in July. **01803 867373**
- 25th November** **Lowestoft Christmas Lights Switch On – Town Centre, Lowestoft**
The Lowestoft Christmas Lights Switch On event promises to be full of festive fun with more details to be confirmed. **01502 502205**
- 26th November** **Beccles Christmas Lights Night – Town Centre, Beccles**
A fun filled evening of festivities in the centre of Beccles.

DECEMBER

3rd December

Southwold Christmas Lights Switch On – Town Centre, Southwold The Southwold Christmas Lights switch on event promises to be an evening filled with festive spirit and merriment.

4th December

Halesworth Christmas Lights Switch On – Town Centre, Halesworth With live music and entertainment, a grand prize draw and the big light switch on, plus food and drink stalls.

5th December

9:30am - 4pm

Bungay Christmas Street Market – Bungay A fun and festive Christmas market with over 90 stalls of seasonal crafts and goods. Father Christmas will arrive on a horse drawn carriage followed by live music entertainment and carols. **01986 782464**

8th December

6pm

Invitation to View – Earsham Hall, nr Bungay Your chance to view this Grade II listed Queen Anne House Circa 1707 and enjoy the Christmas festivities including a 2-hour tour and 2 course candlelit supper. Booking essential. **01206 573948**

12th December

Halesworth Lions Christmas Fayre – Throughfare, Halesworth A festive market with over 100 craft and Christmas produce stalls with carol singers, Father Christmas and the Lion's Princess, and a variety of Yuletide food and drink. All proceeds in aid of local charities. **01986 835859**



THEATRE/FILMS

Electric Picture Palace www.southwold.ws/cinema	Southwold	07815 769565
Fisher Theatre www.fishertheatre.org	Bungay	01986 897130
Hollywood Cinema www.hollywoodcinemas.net	Lowestoft	01502 564567
Marina Theatre www.marinatheatre.co.uk	Lowestoft	01502 533200
The New Cut www.newcut.org	Halesworth	0845 6732123
Seagull Theatre www.theseagull.co.uk	Lowestoft	01502 589726
Southwold Summer Theatre www.southwoldtheatre.org	Southwold	01502 724441 (day) 01502 722389 (eve)

MARKETS

Weekly Markets

Friday	Beccles, New Market
Thursday	Bungay, The Buttercross
Wednesday	Halesworth, Market Place
Tuesday - Saturday	Lowestoft, The Britten Centre
Monday & Thursday	Southwold, The Market Place

Farmers and Produce Markets

Every Friday 9:30am - 11am	Beccles Country Market The Quaker Hall, 15 Smallgate, Beccles, NR34 9AB 01502 476883
1st & 3rd Saturday of the Month 9am - 1pm	Beccles Farmers Market Beccles Airfield, Elough, NR34 7UH 01502 476240
Every Thursday 9:15am - 11am	Bungay Country Market Honey Pot Centre, Upper Olland St, Bungay, NR35 1BE 01986 781267
Every Friday 10am - 11:15am	Halesworth Country Market St Mary's Church Hall, Steeple End, Halesworth, IP19 8LL 01986 874611
2nd Saturday of the Month 9am - 1pm	Halesworth Produce Market Town Centre & Thoroughfare, Halesworth, IP19 8AP 01986 798099

*The information listed is correct at time of going to print.
Please check the latest information before travelling.
01502 533600 or www.visit-sunrisecoast.co.uk*



Halesworth Lions Club

WINGS AND WHEELS

Wings & Wheels

Sunday 9th May

10.00 – 4.00

Henham Park (Nr Southwold)

Adults £5.00 Children 5-14 £2.50

CARNIVAL PROCESSION & FETE

Sunday 13th June

12.00-5.00

Halesworth Town

WINTER STREET FAIR

Sunday 12th December

10.00-4.00

Halesworth Thoroughfare

CIRCUS FERREL

All Human Show



LOWESTOFT SEA FRONT

Royal Green

Mon 16th **AUGUST** 2pm & 6pm

Tues 17th & Wed 18th 2pm & 5pm

Special Offer

Thur 19th 2pm only

Fri 20th 6pm only

£6

Sat 21st & Sun 22nd 2pm only

Mon 23rd 2pm & 6pm

ALL SEATS

Tues 24th 2pm & 5pm

Wed 25th 2pm only

Bookings

Lowestoft Tourist Information

01502 533600

Seats available on the door

Info: www.circusferrel.com

EAST ANGLIAN
**DRAGON BOAT
FESTIVAL**

In aid of East Anglia's Children's Hospices



Sunday 9th May 2010 - Oulton Broad, Lowestoft

A fabulous day of fun, music and entertainment for all the family

Act now! Form a crew and enter the challenge!

Tel 01780 470718

www.dragonboatfestivals.co.uk/eastanglia



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NICHOLAS EVERITT PARK
EVENTS '10

POWERBOAT RACING:

Thursday Evenings: 22nd April to 19th August

National Championships: 2nd & 3rd May

Battle of Britain: 12th September

SUNDAY BAND CONCERTS: 2pm-4:30pm

4th July - Loddon Band

11th July - Dereham Band

18th July - Suffolk Phoenix Brass

25th July - Wrentham Band

1st August - Castleton Brass

8th August - Barrie James Band

15th August - Hellesdon & Sprowston Brass Band

22nd August - Leiston Royal British Legion Band



www.visit-sunrisecoast.co.uk



Artists Boulevard: 4th April to 31st October every Sunday 10am - 4pm.

An open-air art exhibition situated by the waterside in Nicholas Everitt Park.

www.visit-sunrisecoast.co.uk

The 14th
**LOWESTOFT SEAFRONT
AIR FESTIVAL**
2010

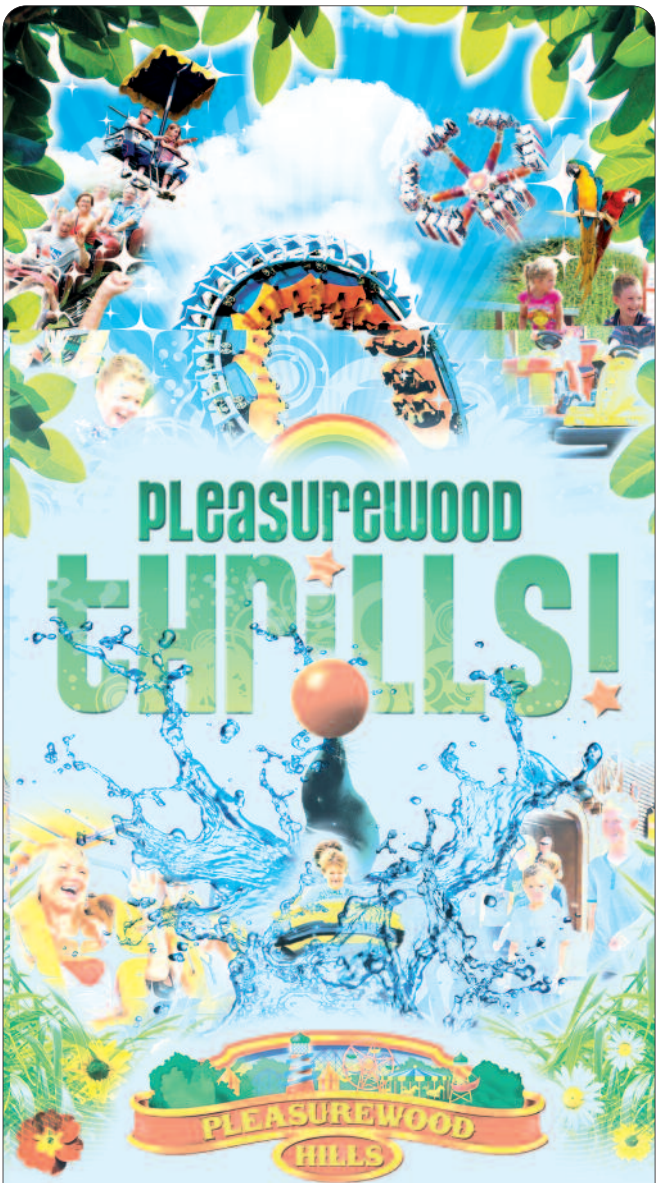
**Thursday & Friday
12th - 13th August**

Two full days of
activities starting at
10am with 4 hours
of flying displays
on both
afternoons



www.lowestoftairfestival.co.uk

www.visit-sunrisecoast.co.uk



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